

Working with Older People in Southend

SAVS Centre
29-31 Alexandra Street
Southend-on-Sea
Essex SS1 1BW
01702 356000
www.savs-southend.org



@savs_southend

SAVS
Southend Association of Voluntary Services

Folk Like Us

Breaking Loneliness and Isolation Amongst Older People in Southend

The Big Lottery funded project will aim to address the following issues;

- isolation due to transport difficulties
- disadvantage due to accessible information

Older people are not sure of who to ask, or what resources exist to help improve their quality of life.



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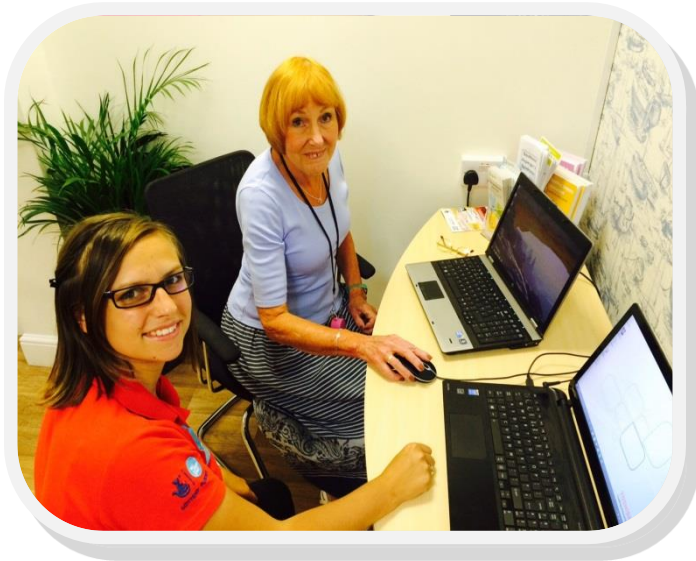
Folk Like Us

How do people link with the project?

90 members registered in first 4 months of delivery

94% of members living in Victoria, Kursaal and Milton Ward





The Hub

Monday to Friday 10am- 2pm

Drop in for:

- A chat with the team
- Information
- Meet other people
- Learn some basic I.T - smartphones, tablets and computers
- Learn cooking skills in the HUB kitchen

222 Visits

**12 members seeking
IT assistance**

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Home Visits



Enabling social inclusion to those with restricted mobility, health conditions or lack of confidence

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Successes



- Paul
- Pauline & Jean
- Eddie

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Safe as Houses



- Delivered by team of volunteers
- 481 over 65's on Responders List live in Southend
- Visiting 350 over 65's on our database
- 76% of people visited are receiving scam mail and/or phone calls on a weekly basis
- Identifying new people currently being scammed that are not on the list

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Alzheimer's Society

Age Concern Southend

Atrium

Royal Voluntary Service

Club 50+

Puffers Club

SEEAPOP

SAVS

Age UK Essex

Southend Carers Forum

Civil Pensioners' Alliance

Older People's Research Essex

Folk like us

Turning Tides

Jewish Care Safe as Houses

SPDNS Nurse Care CIC

Healthwatch

Lymphoma for you

Interchurch Caring for the Elderly and Disabled

The Silver Line

Get Healthy Southend

Breathe Easy Southend

Southend Pensioners' Campaign Group

CAB

Essex Dementia Care

Older People's Assembly

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Telephone befriending
Support
Buddies
Spending time
Signposting
Outreach
Yoga
Information
IAPT
Shopping
Advocacy
Homecare
Raising awareness
Socialisation
Home visits
Training
Giving a voice
Cleaning
End of life care
Bridge into services
Befriending
Campaigning
Social interaction
Transport
Thai chi
Prevention
Social clubs
Social activities
Advice
Outings
Counselling
Directory of local trades
Healthy eating
Will service
Dancing
Smoking cessation
Identifying gaps
Physical activities

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